**Please note this is a template with suggested wording. Please adapt as you see fit.**

To identify your Federal Member of Parliament, search [here](https://electorate.aec.gov.au/)

If you prefer to email your Federal MP, email addresses are available [here](https://www.aph.gov.au/Senators_and_Members)

[insert name of Federal MP – see [guidelines for addressing MPs](https://www.aph.gov.au/senators_and_members/guidelines_for_contacting_senators_and_members/how_to_address_senators_and_members)],

PO Box 6022

House of Representatives

Parliament House

Canberra ACT 2600

[insert date] 2023

Dear [insert name of Federal MP – see [guidelines for addressing MPs](https://www.aph.gov.au/senators_and_members/guidelines_for_contacting_senators_and_members/how_to_address_senators_and_members)],

As your constituent and one of almost three million Australians living with eczema, I seek your support in ensuring the Federal Government more effectively responds to the burden of eczema. I have lived with eczema all my life, OR I have a XX year old child who has eczema, and I can categorically say – eczema steals so much of life.

From interrupted sleep, which leaves me exhausted during the day, to hours spent managing eczema, to skin infections requiring time in hospital, to an increased risk of depression – the impact of eczema is exhausting and tears you apart inside. I’m frequently forced to take time off work / My child is forced to miss school on a regular basis, and we spend thousands of dollars on eczema management.

What makes it worse is how little help there is for those of us struggling to cope with eczema – made worse by a nationwide shortage of dermatologists and limited dermatology training in general practice. For a condition that requires such a high level of self-management, there is astonishingly little support available.

It would make a huge difference to me and my family if there was a coordinated national response to eczema. That’s why I’m backing Eczema Support Australia’s call for a National Eczema Strategy which is supported by the Australasian College of Dermatologists.

I have signed a petition to the House of Representatives calling for a National Eczema Strategy. I would appreciate it if you could write, as my elected representative, to the Federal Health Minister to urge him to establish a National Eczema Strategy – considering not just the suffering of so many, but that a dedicated eczema strategy would help address the $4 billion in lost productivity each year.

Thank you in advance for your assistance.

Yours faithfully,

[insert your name, postal address and contact details]

[suggest including the infographic which can be downloaded [here](https://www.eczemasupport.org.au/wp-content/uploads/2023/07/ESA-Burden-of-Eczema-Infographic.pdf)]