

The Burden of Eczema - Evidence for a National Strategy

Eczema...

Affects nearly 3 million **Australians**

1in3 children aged 6 or under have eczema





More than half a million Australians have moderate to severe disease



1 of the 10 most common diseases in **Australia**



Heavy burden on Australians...

Severe sleep disturbances cause:





Adults are 3x more likely to suffer from depression

1 in 5 adults with eczema consider suicide

yet only 3% report receiving information about psychological help from their GP.



Massive financial hit...



\$4 billion

\$1.2 billion emollients, special food & clothing to manage

1 day a week of work plus 2+ days of reduced productivity

\$336 million out-of-pocket

eczema placed

A dedicated National Eczema Strategy is needed to:



treatment

Increase health literacy through patient education

5

End isolation via government funding to Eczema Support

6

Bolster Australia 7 dermatology training for GPs, nurses and Aboriginal health workers



Improve transitions from paediatric, adolescent to adult care 8

Establish an eczema registry

10

Address dermatologist shortage (just over 600 dermatologists for 26 million Australians)