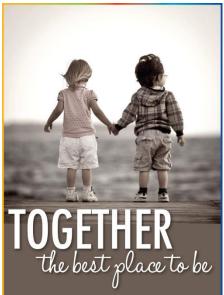


## GROUP SUPPORT MEETING RULES

- Ensure group **confidentiality** is maintained always. Any personal information shared in this group should remain confidential.
- Be respectful in your communication.
- Help others feel comfortable and get to know each other.
- Share feelings and experiences but refrain from giving advice.
- Share responsibility for making the group work.
- **Do not promote, sell or advertise** your own products or services without the permission of the ESA management.
- Respect and understand the **facilitator's role** and responsibilities **to help direct** the group discussions.
- Alternative Therapies and Medical Advice: We are aware that there are many options or avenues to treat or manage allergies and eczema, some of which may or may not be of interest or benefit to you. However, Eczema Support Australia does not intend to give direct medical or treatment advice, but rather practical support and opportunities to share personal experiences. We do recognise that chronic eczema and allergies are very complex conditions and require a complete lifestyle approach.
  - For treatment information or recommendations, we refer to evidence based information through the appropriate medical professional bodies, such as ASCIA (Australian Society of Clinical Immunology and Allergy), Australasian College of Dermatologists and the appropriate patient support organisations such as A&AA (Allergy & Anaphylaxis Australia). And ask your GP and specialists. Seek independent medical advice.
  - Do not discourage treatments recommended by medical professionals – eg topical steroids, immunosuppressants.





## PARTICIPANT /MEMBERSHIP ACKNOWLEDGEMENT

I am participating in an Eczema Support Australia event, program or online group. I understand that Eczema Support Australia is a support network only. An Eczema Support Australia support group meeting is for guests and facilitators to share their experiences with others.

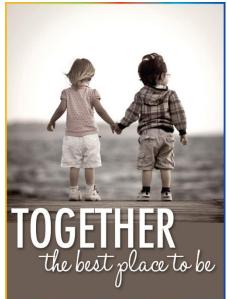
Any information provided by Eczema Support Australia, guests or facilitators must not be taken as medical advice and is not a substitute for independent medical advice or professional opinion. It is my responsibility to seek independent professional medical advice for any health problems experienced by me or my family.

I agree to release and discharge Eczema Support Australia and its facilitators, employees, volunteers, consultants and advisors from and against any claim which may be brought in connection with my attendance at an Eczema Support Australia event.

I have read this acknowledgement and understand its contents. I have also read the Group Support Meeting Rules and agree to abide by them.

Guest signature \_\_\_\_\_

Guest name \_\_\_\_\_



Date \_\_\_\_\_