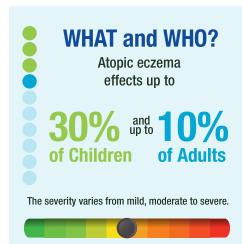
# The Impact of Eczema





#### **PSYCHOSOCIAL IMPACT**

Continual itch affects concentration which negatively impacts education, work, social and family life and can lead to:











bullving

career change

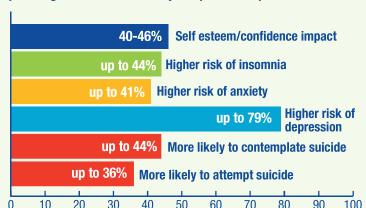
relationship breakdown

loss of social connections

reduced learning capacity

### LIVING WITH SEVERE ECZEMA

pecentage statistics more likely compared with patients without AD





#### **FAST FACTS**

**CAUSES & TRIGGERS:** Eczema is NOT contagious. It can run in the family and/or be influenced by triggers. Atopic eczema is an autoimmune disease.

**CONNECTION TO ALLERGY:** Many people with eczema also have other allergies. Allergies do not cause eczema, but they can trigger flare ups.



**TREATMENT:** There is no cure for eczema. Awareness and avoidance of triggers is the key, together with management of the symptoms.

# **SLEEP DEPRIVATION**

Common and impacts the whole family.



## **FINANCIAL IMPACT**

Loss of income (carers and adults with severe eczema)

Per Year

Out of pocket direct medical expenses

**23.3 VISITS TO DOCTORS** 

Per Year

(on average)

**DAYS** in **HOSPITAL** Per Year

(on average)



- A-Z of Skin Australasian College of Dermatologists www.dermcoll.edu.au/atoz/atopic-dermatitis/
- 2. Chidwick, K. et al Prevalence, incidence and management of atopic dermatitis in Australian general practice using routinely collected data from MedicineInsight. Australasian Journal of Dermatology (2020) 61 pp 319-327. 3. 2018 Atopic Dermatitis Australian PEEK ( Patient Experience, Expectations and Knowledge) study, conducted by the international Centre for Community-Driven Research
- 4. Sandhu JK et al. Association Between Atopic Dermatitis and Suicidality: A Systematic Review and Meta-analysis. JAMA Dermatol. 2019 Feb 1;155(2):178-187
- Jenner N. et al. Morbidity and cost of atopic eczema in Australia. Australas J Dematol. 2004.
- 6. Su JC. et al, Atopic eczema: its impact on the family and financial cost. Archives of Disease in Childhood. 1997; 76:159-162
- 7. International Alliance of Dermatology Patient Organisation. Atopic Dermatitis: A collective global voice for improving care. 2018. Available from: https://globalskin.org/images/Publications/AtopicDermatitis.pdf
  8. House of Representatives Standing Committee on Health, Aged Care and Sport. Approval Process for New Drugs and Novel Medical Therapies, Eczema Support Australia submission 22 October 2020, member reports.